

## ABOUT FOOTPRINTS

Footprints Community is a well-regarded not-for-profit provider of community-based services, working in the community for over 30 years. We specialise in working with older people, those that experience disability, mental illness, as well as those who are at risk of homelessness.

Footprints adopts a non-discriminatory practice and working alongside people with respect and dignity, to enhance their capacity to live independently in the community, is integral to our service.

Our professionally qualified and highly skilled workforce operate within a client-centred practice framework ensuring principles of strengths-based practice are implemented into service delivery.

We believe in independence, strength and choice. We work with people and their representatives, at their own pace, to empower and support people to reach their goals.

Footprints is a member of the healthy@home consortium, and proud winner and finalist of multiple Aged Care awards.



## HOW TO ACCESS THIS SERVICE

We welcome enquiries about accessing Social Support groups. Our groups are funded by the Commonwealth Home Support Program. You can also use your Home Care Package, your NDIS Package and the Queensland Community Support Scheme to access these groups.

If you are new to Footprints or a current client, please speak to a Footprints staff member about how to access these groups.

Our groups are supported by the Australian and Queensland Governments.



Australian Government



Queensland Government

Registered NDIS Provider

Contact us:

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STAY CONNECTED WITH US



SEPTEMBER 2021



*Develop friendships and make real social connections!*

## SOCIAL SUPPORT GROUPS





**HAVE FUN AND MAKE FRIENDS!**  
 If you would like to make new friends, please contact our friendly staff to arrange a meet and greet!



## ABOUT OUR SOCIAL SUPPORT GROUPS

Footprints Social Support Groups have a range of activities for people residing in both North Brisbane, South Brisbane and Caboolture regions.

Our programs are designed to develop, maintain and support social interaction, independent living, health and wellbeing. Participants are provided with the opportunity to develop friendships, make social connections and community involvement.

The activities at our Light Street premises include art, music mornings, exercise programs, games, quizzes, etc. Our community outings include movies, men's club and bowling.

## ALLIED HEALTH

Footprints offers a range of allied health services including a monthly Podiatry clinic and centre-based Diversional Therapy sessions at our Light Street premises.



## WHAT WILL IT COST?

Groups can be funded through:

- Commonwealth Housing Support Program (CHSP)
- Home Care Packages (HCP)
- National Disability Insurance Scheme (NDIS)
- Queensland Community Support Services (QCSS).

A nominal contribution is charged for attendance at our Social Support Groups. This includes morning tea, lunch and transport to and from our premises at Light Street, Fortitude Valley.

Contribution for community outings vary depending on the type of outing.



“ I love attending the Groups. They provide an extremely social environment, and the staff are always friendly and helpful, from the moment you're greeted at reception.

The music group has been a great way for me to reinvigorate my passion for dancing — coming to Groups is like visiting your best friends. ”