

## PUTTING PEOPLE FIRST ...



**OVER 500 PATIENTS  
SUPPORTED SINCE 2019**

to link into local community services

**Client testimonial** — *“This service gave me the encouraging support and kick I needed to get the help I need.”*

**General Practitioner testimonial** — *“This service and team are doing amazing work, it is truly wonderful and so needed in our local community, thank you.”*

**General Practitioner testimonial** — *“I just wanted to thank you for the incredible work you do for our shared patients. One patient in particular has been linked with numerous services which will continue to provide ongoing support; there is no way this could have been achieved without your help. You’ve kept me in the loop through the whole process and the discharge letter is thorough and has all the information I need to continue supporting the patient.”*

Winner of the 2022 Award for Best International Social Prescribing Project



For more information about social prescribing at Footprints visit: <https://footprintscommunity.org.au/focus-areas/social-prescribing>

## ABOUT FOOTPRINTS

Footprints Community is a well-regarded not-for-profit provider of community-based services, working in the community for over 30 years. We specialise in working with older people, those that experience disability, mental illness, as well as those who are at risk of homelessness.

Footprints adopts a non-discriminatory practice and working alongside people with respect and dignity, to enhance their capacity to live independently in the community, is integral to our service.

Our professionally qualified and highly skilled workforce operate within a client-centred practice framework ensuring principles of strengths-based practice are implemented into service delivery.

We believe in independence, strength and choice. We work with people and their representatives, at their own pace, to empower and support people to reach their goals.

### Contact us:

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or 07 3252 3488  
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### STAY CONNECTED WITH US



JUNE 2023

## SOCIAL HEALTH CONNECT AT FOOTPRINTS COMMUNITY

*Helping you to manage your social health and improve connection!*





## SOCIAL HEALTH CONNECT TEAM

The Footprints Social Health Connect team is:

- Highly skilled
- Professional
- Warm.

The Footprints Social Health Connect team:

- Supports people in the local Kilcoy and Caboolture regions with practical guidance for an engaging and meaningful life
- Supports people to develop person centred goals plans
- Supports people to build independence and resilience to improve and manage their health and wellbeing
- Links people to local groups, activities or social opportunities that align with their individual interests
- Links people to services that can support them to address barriers to social participation e.g. financial supports, carer supports, My Aged Care and transport supports
- Provides an easily accessible referral pathway and strongly encourage referrals from General Practitioners and Health Professionals.

## WHAT IS SOCIAL HEALTH CONNECT?

Social Health Connect supports people aged 18+ in the Kilcoy and Caboolture regions who are experiencing social isolation and loneliness.

The program will help you address barriers that may impact on your ability to improve your social health, community participation and connection.

Barriers include:

- Finances
- Housing
- Transport
- Physical health barriers
- Mental health barriers
- Limited social supports and networks
- Language barriers.



You can ask for an interpreter.  
It is FREE.

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